

MAP MY MILES

UK WIDE CYCLE RIDE

I'm cycling the UK Wide Cycle Ride to help end the harm caused by diabetes.

From 1 to 30 April I'll be cycling the length and breadth of the UK, in my own time, at my own pace, to raise funds for research and support for people with diabetes.

Help me make every mile count

To sponsor me, go to cycle.diabetes.org.uk and search for my name.

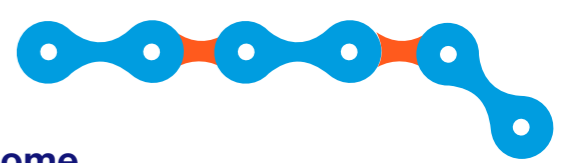
MILES SO FAR

100



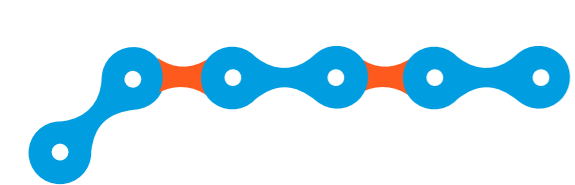
Leaving the coast behind

200



Got some momentum now

You've got this 300



700

Don't stop now

600



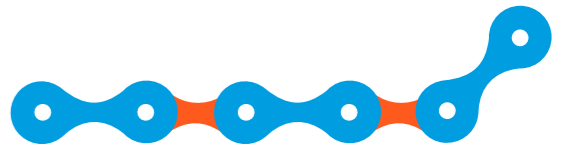
Getting nearer

500



Over half way!

400



Keep on pedaling

800



The end is in sight

900



Almost at John O'Groats!

950 CHALLENGE COMPLETE!

That's the equivalent of cycling from Land's End to John'O'Groats, the southwest to the north east of the island of Great Britain

MY FUNDRAISING GOAL

£

25%



50%



75%



100%



Goal reached!

DIABETES UK
KNOW DIABETES. FIGHT DIABETES.

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